

100 Ways to Show Love to Your Wife HER Way

Discuss this list with your wife. Ask her to check the ones meaningful to her, and then have her tell you the order she considers most important. Use this list to learn what speaks “love” to her. It’s likely very different from what speaks “love” to you. Your relationship can be strengthened by using this as a guideline—but keep in mind that these are only suggestions, and not all of them have to be used. These questions ask the what but also ask the when, how and how often.

1. Start and/or end each day by holding hands and praying together with your wife.
2. Pray for her every day and make it a point to pray with her when she is troubled.
3. Communicate with her instead of talking AT her or shutting her out emotionally.
4. Talk to her respectfully without demeaning her or hurting her feelings.
5. Compliment her for the giftedness you see in her. Be specific.
6. Show interest in her friends and give her time to be with them.
7. Do something active together to lift her spirit—even taking a walk hand-in-hand.
8. Express to her that you need and value her.
9. Show enthusiasm for the things that she’s excited about—let your actions show it.
10. Find something that makes you laugh together.
11. Put your arms around her when she needs comfort, holding her silently.
12. Surprise her by doing something you think she would want done before she asks.
13. Try not to make sudden changes without discussing them with her first.
14. Show interest in that which she values as important in her life.
15. Allow your wife to teach you things without being defensive.
16. When you feel you must correct her, be gentle—speak the truth in LOVE.
17. Let go of the small stuff. We all have annoying habits and preferences that are different from our spouse’s. *(Dave Ramsey)*
18. Show her that she matters more to you than any activity you could do, or any one you could be with, that threatens her security in your marriage.
19. Be a good listener. Show her you value what she says.
20. Plan a mini-honeymoon, where the two of you can spend quality time together.
21. Go shopping with her and don’t sigh or look at what time it is even once.
22. Take her out to breakfast or make her breakfast (cleaning up afterward).
23. Make the time to set specific goals with her to achieve together for each year.
24. Give her grace when she offends you and forgive (even as you want to be forgiven).
25. Find ways to help her know you are her partner in all areas life.
26. Be polite, courteous, and mannerly with her—not taking her for granted.
27. Exhibit humility, admit your mistakes, and ask for forgiveness. She’ll appreciate that!
28. Defend her to others—especially to your family.
29. Don’t belittle her intelligence.
30. Scratch her back, rub her feet, or her rub her neck—whatever she’d prefer.
31. Get up in the middle of the night (let her stay in bed) to take care of your upset child.
32. Be especially helpful when she is not feeling well.
33. When she asks how your day went, don’t just say “fine” —actually give her details.
34. Thank God for her by name when the two of you are praying together.
35. Try not to argue over money. Peacefully discuss future expenditures instead.
36. Don’t embarrass her by arguing with her in front of others.
37. Lead your family in their spiritual relationship with God. This is important to her.
38. Make eye contact when she is talking to you and when you are talking with her.
39. Show her that you prefer her to others—give her your attention whenever possible.
40. Relate what happened at work or whatever you did apart from her.
41. Keep away from anything that gives you sexual gratification, other than your wife.
42. Be helpful, both before and during the time you have visitors in your home. (If you’re not sure of what to do, ask your wife “What can I do that would help the most?”)
43. Brag about her to others, both in front of her and when she is not with you.
44. Surprise her from time-to-time with a card and flowers or a little gift.
45. Remember to tell her or call her as soon as you know you are going to be late.
46. Give her your undivided attention when she wants to talk.
47. Guard your tongue from saying “unwholesome words” or down-grading her.
48. Refuse to compare her unfavorably with others.
49. Encourage her to relax in some way while you clean up after dinner.
50. Be an involved partner in helping with the children and spending time together.

51. Maintain good grooming habits so you look and smell good. It shows you care.
52. Be supportive. Help her to finish her education and goals that are important to her.
53. View and treat her as if God put a sign over her that said, "Make me feel special."
54. Run errands without complaining.
55. Give her the love gift of being thoughtful and considerate to her relatives.
56. Don't negatively compare her relatives with yours.
57. Sit close to her—even when you are just watching television.
58. Be verbally supportive and honor her in front of the children.
59. Show partnership by not making plans without her knowing and agreeing with them (unless it's a surprise for her).
60. Pro-actively do things that makes her feel cherished as a woman and as a wife.
61. Keep her trust at all costs. Leave no gray area when it comes to other female relationships, money and your word. (*Dave Ramsey*)
62. Ask for a list of 3 things she'd like done in the home. Prioritize to do them ASAP.
63. Ask her and then listen to what makes her fearful and insecure (without judging).
64. Pray about and act upon what you can do to alleviate those fears.
65. Find out what her sexual needs are (and then try to fulfill them).
66. Surprise her with a 15 second kiss (with no expectations to go any further).
67. Keep yourself in as good of shape as is reasonable so she's proud to be with you.
68. Make it a point to write a mission statement together for your marriage and family.
69. Take the time to touch every day—even if it's only for a minute or two.
70. Be polite and kind. (Often we're kinder to strangers than we are to our spouse.)
71. Be sensitive enough to ask her if you offend or hurt her sexually in any way.
72. Go out of your way to help her feel valued over everyone else.
73. Consider her as your marital partner in how you spend money.
74. You dated your wife before marriage, and fell in love. Date her now to STAY in love.
75. Be careful to choose your words, especially when angry.
76. Show affection for her in front of friends.
77. Make sure your children speak to her and treat her in respectful ways.
78. Make a point of honoring anniversaries, birthdays, and other special occasions.
79. Make sure she has money to spend any way she would choose.
80. Hold her close and verbally express your love when she is hurt or discouraged.
81. Surprise her by giving her a special gift from time to time.
82. Share the responsibilities around the house (without looking for special recognition).
83. Don't tease and belittle her, saying "I was just joking" when she doesn't find it funny.
84. Allow her to express herself freely, without fear of being called illogical or dumb.
85. Don't forget to hold her hand in public like you used to when you dated her.
86. Don't criticize her in front of others—keeping her dignity in tact.
87. Don't focus on the physical features of another woman (It dishonors your wife).
88. Be sensitive to her needs—looking for ways to bless her.
89. Let her know you want to spend special time with her and the children.
90. Fix dinner for her sometimes.
91. Be sympathetic when she's sick—and help her however you can.
92. Let her sleep in sometimes and you get the children ready for the day.
93. Honor her by not disagreeing with her in front of the children.
94. Don't ignore the small things that bother her and let them build into bigger issues.
95. Surprise her by doing some things around the house that she's wanted done.
96. Tell her (and show her) you love her often.
97. Call, email or text her when you're apart so she knows you are thinking of her.
98. Surprise her by suggesting a marriage seminar or weekend retreat you can attend together to deepen your marital relationship.
99. Express your love and appreciation for her in a love note which you give to her.
100. Show her affection without sexual intentions.

Author unknown for the 100 Ways List