

For a man caught in adultery.

**Work Sheet for Adultery and Pornography videos found on [www.Vimeo.com/Rivest](http://www.Vimeo.com/Rivest).**

Being unfaithful to your mate can be very hurtful and destructive to your marriage. Study carefully the video, "Man confronted for being unfaithful" and answer the following questions and reflections on this sheet of paper. Bring this into your next counseling session.

1. Look carefully at the female character's response, hurts, throughout the video and make a list of what she has expressed. Be specific.
2. What has your wife expressed? Be specific.
3. What excuses did the male character in the video offer for having the affair? Be specific.
4. What excuses did you offer for your affair? Be specific.
5. Do you want to save your marriage? Why? Be specific.
6. Have you stopped seeing and communicating with the other woman?
7. The video character of Dr. Rivest offered a 10 step counseling plan to restore trust and build a new marriage. List those steps. Be specific.

8. What have you and your wife done so far to help heal your marriage? Be specific.

**Now view and answer the question below on “Husband confronted for pornography.”**

9. Even if pornography is not your central issue understanding how this impacts you and your wife will be helpful.

10. Throughout the video the wife expresses certain feelings toward pornography. What are they? Be specific.

11. What is your wife’s position on pornography? Be specific.

12. Frequently viewing pornography has happened throughout the marriage. Is this true for you? Describe your personal history with pornography and what you have done previously to stop the behavior. Was it helpful? Be specific.

13. What have you done recently to stop the behavior? Was it helpful? Be specific.

14. What is the difference this time that should make your efforts to stop be lasting?