

For a woman caught in adultery.

Work Sheet for Adultery and Pornography videos found on www.Vimeo.com/Rivest.

Being unfaithful to your mate can be very hurtful and destructive to your marriage. Study carefully the video, “Man confronted for being unfaithful” and answer the following questions and reflections on this sheet of paper. Bring this into your next counseling session. Although the video represents a male offender this video would also be helpful for you the female offender.

1. Look carefully at the female character’s response, hurts, throughout the video and make a list of what she has expressed. Your husband will feel the same way. Be specific.
2. What has your husband expressed? Be specific.
3. What excuses did the male character in the video offer for having the affair? Be specific.
4. What excuses did you offer for your affair? In this case it would be you the female. Be specific.
5. Do you want to save your marriage? Why? Be specific.
6. Have you stopped seeing and communicating with the other man?

7. The video character of Dr. Rivest offered a 10 step counseling plan to restore trust and build a new marriage. List those steps. Be specific.

8. What have you and your husband done so far to help heal your marriage? Be specific.

Now view and answer the question below on "Husband confronted for pornography."

9. Even if pornography is not your central issue understanding how this impacts you and your mate will be helpful.

10. Throughout the video the wife expresses certain feelings toward pornography. What are they? Be specific.

11. What is your position on pornography? Be specific.

12. Frequently viewing pornography has happened throughout the marriage. Is this true for you? Describe your/ or your husband's personal history with pornography and what you/he have done previously to stop the behavior. Was it helpful? Be specific.

13. What have you done recently to stop the behavior? Was it helpful? Be specific.

14. What is the difference this time that should make your/his efforts to stop be lasting?