

100 Ways You Can Love Your Husband *His* Way

Discuss this list with your husband. Ask him to check the ones most meaningful to him and then arrange them in order of importance to him. Use this list as a basis for learning his views. Your relationship can be greatly strengthened as you use these suggestions. *These questions ask the what but also ask the when, how and how often.*

- ___ 1. Communicate with him; never close him out.
- ___ 2. Regard him as important...and let him know he's important.
- ___ 3. Do everything you can to understand his feelings.
- ___ 4. Be interested in his friends...and occasionally give him time with them.
- ___ 5. Ask his opinion frequently.
- ___ 6. Value what he says.
- ___ 7. Let him feel your approval and affections.
- ___ 8. Protect his dignity on a daily basis.
- ___ 9. Be tender with him, realizing he has feelings also.
- ___ 10. Foster an atmosphere of laughter in your home... look for ways to laugh together.
- ___ 11. Avoid sudden major changes without discussion and giving him time to adjust.
- ___ 12. Date each other. And when you go out together on a date, don't bring up problems.
- ___ 13. Focus on what he's doing right, instead of focusing on the negatives.
- ___ 14. Be interested in what he feels is important in life.
- ___ 15. Correct him gently and in private.
- ___ 16. Allow him to teach you without putting up your defenses.
- ___ 17. Make special time available to him.
- ___ 18. Be trustworthy.
- ___ 19. Compliment him often.
- ___ 20. Be creative when you express your love, either in words or in actions.
- ___ 21. Have specific family goals for each year.
- ___ 22. Don't over commit yourself. Leave time for him.
- ___ 23. Be forgiving when he offends you.
- ___ 24. Show him you need him.
- ___ 25. Accept him the way he is; discover his uniqueness as special.
- ___ 26. Admit your mistakes; don't be afraid to be humble...peel away your pride.
- ___ 27. Defend him to others remembering that love protects...(1 Corinthians 13:7).
- ___ 28. Allow your husband to fail...& discuss what went wrong after comforting him.
- ___ 29. Rub his feet or neck after a hard day.
- ___ 30. Take time for the two of you to sit & talk calmly (schedule it when necessary).
- ___ 31. Go on romantic outings.
- ___ 32. Write him a letter occasionally, telling him how much you love him.
- ___ 33. Surprise him with a fun gift of some kind.
- ___ 34. Express how much you appreciate him.
- ___ 35. Tell him how proud you are of him.
- ___ 36. Give advice in a loving way when he asks for it.
- ___ 37. Help your husband to be the Spiritual Head of the household.
- ___ 38. Prefer him over others...make the choice to "choose him".
- ___ 39. Don't expect him to do projects beyond his capabilities. All men aren't experts.
- ___ 40. Pray for him to enjoy God's best in life.
- ___ 41. Take the time to notice what he has done for you and the family.
- ___ 42. Brag about him to other people behind his back.
- ___ 43. Share you thoughts & feelings with him.
- ___ 44. Tell him about your day, if he's interested.
- ___ 45. Take time to see how he spends his day.
- ___ 46. Give him time to unwind when he comes home from work...plus, time with the

children.

- ___ 47. Get up with him, even when he has early morning meetings & pray together.
- ___ 48. Be his "help-mate" in whatever ways you sense he needs it.
- ___ 49. Let him retreat to his "cave" to recuperate whenever it's possible.
- ___ 50. Be a student of your husband's ways so you can love him, as he *really* needs you to.
- ___ 51. When your husband is in a bad mood...give him quiet time to recover.
- ___ 52. Help him to finish his goals- hobbies or education.
- ___ 53. Treat him as if God has stamped on his forehead: "*Handle with Care*".
- ___ 54. Get rid of habits that annoy him.
- ___ 55. Be kind & thoughtful to his relatives. Try not to make him choose between them and you.
- ___ 56. Don't compare his relatives with yours in a negative way.
- ___ 57. Thank him for things he's done around the house; it'll mean a lot to him.
- ___ 58. Don't expect credit for all you do for him & the household...do it as "unto the Lord".
- ___ 59. Make sure he understands everything important that you're planning to do.
- ___ 60. Do little things for him...an unexpected kiss, coffee in bed...etc.
- ___ 61. Don't belittle his intelligence or be cynical in your words to him.
- ___ 62. Realize that men rejuvenate themselves by focusing on things they can solve.
- ___ 63. Sometimes when he has a day off, let him enjoy it without having to "work" at home.
- ___ 64. Get to the point in your discussions with him. Spare him details he may not want.
- ___ 65. Discover his sexual needs.
- ___ 66. Ask if he wants to discuss how you can meet his sexual needs.
- ___ 67. Wink at him from across the room when you're out at a group function.
- ___ 68. Plan your future together.
- ___ 69. Don't quarrel over words.
- ___ 70. Practice common courtesies with your husband.
- ___ 71. When something goes wrong, don't assess blame, focus on how to do better.
- ___ 72. NEVER say, "I told you so."
- ___ 73. Don't argue over money. Peacefully discuss future expenditures.
- ___ 74. Take *him* out on dates now & then...pre-plan ahead of time.
- ___ 75. Hold his hand in public.
- ___ 76. Snuggle up close to him at times at home & in public.
- ___ 77. Tell him you love him *often*.
- ___ 78. Put love notes in his pockets and briefcase.
- ___ 79. Sit with him while he's watching television- even if the program doesn't interest you.
- ___ 80. Give him the benefit of the doubt & say what's on your mind. Men don't read minds.
- ___ 81. Give him time with his family alone from time to time.
- ___ 82. Always check with him before you throw away his "important" papers.
- ___ 83. Keep yourself in shape.
- ___ 84. Let him express himself freely, without fear of being called stupid or illogical.
- ___ 85. Carefully choose your words, especially when angry.
- ___ 86. Don't criticize him in front of others.
- ___ 87. Visit his childhood home.
- ___ 88. When you're angry with him, express it or deal with it, NO silent treatment
- ___ 89. Pray for him.
- ___ 90. Make him homemade soup when he's sick.
- ___ 91. Look your best - dress to honor him & make him proud to be seen with you.
- ___ 92. Support him when a relative discredits him.
- ___ 93. Don't disagree with him in front of the children.
- ___ 94. Take him for a weekend get-away without the children.
- ___ 95. Do the "little things" he needs from time to time.
- ___ 96. Start the day by praying together before you both get up.
- ___ 97. Give him coupons to redeem- maybe for a back scratch or a shoulder rub.
- ___ 98. Buy him a gift certificate to his favorite lunch spot & put it in his wallet.
- ___ 99. Hide notes for him around the house where only he will find them.
- ___ 100. Thank him for just being himself.

Courtesy of MarriageMissions.com