

100 Ways You Can Love Your Husband *His Way*

Discuss this list with your husband. Ask him to check the ones most meaningful to him and then arrange them in order of importance to him. Use this list as a basis for learning his views. Your relationship can be greatly strengthened as you use these suggestions. These questions ask the what but also ask the when, how and how often.

- ____ 1. Communicate with him; never close him out.
- ____ 2. Regard him as important...and let him know he's important.
- ____ 3. Do everything you can to understand his feelings.
- ____ 4. Be interested in his friends...and occasionally give him time with them.
- ____ 5. Ask his opinion frequently.
- ____ 6. Value what he says.
- ____ 7. Let him feel your approval and affections.
- ____ 8. Protect his dignity on a daily basis.
- ____ 9. Be tender with him, realizing he has feelings also.
- ____ 10. Foster an atmosphere of laughter in your home... look for ways to laugh together.
- ____ 11. Avoid sudden major changes without discussion and giving him time to adjust.
- ____ 12. Date each other. And when you go out together on a date, don't bring up problems.
- ____ 13. Focus on what he's doing right, instead of focusing on the negatives.
- ____ 14. Be interested in what he feels is important in life.
- ____ 15. Correct him gently and in private.
- ____ 16. Allow him to teach you without putting up your defenses.
- ____ 17. Make special time available to him.
- ____ 18. Be trustworthy.
- ____ 19. Compliment him often.
- ____ 20. Be creative when you express your love, either in words or in actions.
- ____ 21. Have specific family goals for each year.
- ____ 22. Don't over commit yourself. Leave time for him.
- ____ 23. Be forgiving when he offends you.
- ____ 24. Show him you need him.
- ____ 25. Accept him the way he is; discover his uniqueness as special.
- ____ 26. Admit your mistakes; don't be afraid to be humble...peel away your pride.
- ____ 27. Defend him to others remembering that love protects...(1 Corinthians 13:7).
- ____ 28. Allow your husband to fail...& discuss what went wrong after comforting him.
- ____ 29. Rub his feet or neck after a hard day.
- ____ 30. Take time for the two of you to sit & talk calmly (schedule it when necessary).
- ____ 31. Go on romantic outings.
- ____ 32. Write him a letter occasionally, telling him how much you love him.
- ____ 33. Surprise him with a fun gift of some kind.
- ____ 34. Express how much you appreciate him.
- ____ 35. Tell him how proud you are of him.
- ____ 36. Give advice in a loving way when he asks for it.
- ____ 37. Help your husband to be the Spiritual Head of the household.
- ____ 38. Prefer him over others...make the choice to "choose him".
- ____ 39. Don't expect him to do projects beyond his capabilities. All men aren't experts.
- ____ 40. Pray for him to enjoy God's best in life.
- ____ 41. Take the time to notice what he has done for you and the family.
- ____ 42. Brag about him to other people behind his back.
- ____ 43. Share your thoughts & feelings with him.
- ____ 44. Tell him about your day, if he's interested.
- ____ 45. Take time to see how he spends his day.
- ____ 46. Give him time to unwind when he comes home from work...plus, time with the

children.

- 47. Get up with him, even when he has early morning meetings & pray together.
- 48. Be his "help-mate" in whatever ways you sense he needs it.
- 49. Let him retreat to his "cave" to recuperate whenever it's possible.
- 50. Be a student of your husband's ways so you can love him, as he *really* needs you to.
- 51. When your husband is in a bad mood...give him quiet time to recover.
- 52. Help him to finish his goals- hobbies or education.
- 53. Treat him as if God has stamped on his forehead: "*Handle with Care*".
- 54. Get rid of habits that annoy him.
- 55. Be kind & thoughtful to his relatives. Try not to make him choose between them and you.
- 56. Don't compare his relatives with yours in a negative way.
- 57. Thank him for things he's done around the house; it'll mean a lot to him.
- 58. Don't expect credit for all you do for him & the household...do it as "unto the Lord".
- 59. Make sure he understands everything important that you're planning to do.
- 60. Do little things for him...an unexpected kiss, coffee in bed...etc.
- 61. Don't belittle his intelligence or be cynical in your words to him.
- 62. Realize that men rejuvenate themselves by focusing on things they can solve.
- 63. Sometimes when he has a day off, let him enjoy it without having to "work" at home.
- 64. Get to the point in your discussions with him. Spare him details he may not want.
- 65. Discover his sexual needs.
- 66. Ask if he wants to discuss how you can meet his sexual needs.
- 67. Wink at him from across the room when you're out at a group function.
- 68. Plan your future together.
- 69. Don't quarrel over words.
- 70. Practice common courtesies with your husband.
- 71. When something goes wrong, don't assess blame, focus on how to do better.
- 72. NEVER say, "I told you so."
- 73. Don't argue over money. Peacefully discuss future expenditures.
- 74. Take *him* out on dates now & then...pre-plan ahead of time.
- 75. Hold his hand in public.
- 76. Snuggle up close to him at times at home & in public.
- 77. Tell him you love him *often*.
- 78. Put love notes in his pockets and briefcase.
- 79. Sit with him while he's watching television- even if the program doesn't interest you.
- 80. Give him the benefit of the doubt & say what's on your mind. Men don't read minds.
- 81. Give him time with his family alone from time to time.
- 82. Always check with him before you throw away his "important" papers.
- 83. Keep yourself in shape.
- 84. Let him express himself freely, without fear of being called stupid or illogical.
- 85. Carefully choose your words, especially when angry.
- 86. Don't criticize him in front of others.
- 87. Visit his childhood home.
- 88. When you're angry with him, express it or deal with it, NO silent treatment
- 89. Pray for him.
- 90. Make him homemade soup when he's sick.
- 91. Look your best - dress to honor him & make him proud to be seen with you.
- 92. Support him when a relative discredits him.
- 93. Don't disagree with him in front of the children.
- 94. Take him for a weekend get-away without the children.
- 95. Do the "little things" he needs from time to time.
- 96. Start the day by praying together before you both get up.
- 97. Give him coupons to redeem- maybe for a back scratch or a shoulder rub.
- 98. Buy him a gift certificate to his favorite lunch spot & put it in his wallet.
- 99. Hide notes for him around the house where only he will find them.
- 100. Thank him for just being himself.

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