

Rule of Life, Aids for the Beginner

St. Benedict's Rule for Monasteries

Life and Miracles of St. Benedict

St. Benedict for the Laity

The Rule of Benedict for Beginners: Spirituality for Daily Life, by Wil Derkse, trans. by Martin Kessler

Seeking God: The Way of St. Benedict, second ed., by Esther de Waal

A Life-Giving Way: A Commentary on the Rule of St. Benedict, by Esther de Waal

The Cistercians: Ideals and Reality, by Louis J. Lekai, O.Cist.

How to Really Pray, Lectio Divina

Praying The Word: An Introduction to Lectio Divina, by Enzo Bianchi, trans by James W. Zona

Praying With Benedict: Prayer in the Rule of St. Benedict, by Korneel Vermeiren, OCSO, trans. by Richard Yeo, OSB

In the School of Love: An Anthology of Early Cistercian Texts, ed. by Edith Scholl, OCSO, preface by Basil Pennington, OCSO

The Way of Silent Love, by A Carthusian, trans. by An Anglican Solitary

The Call of Silent Love, by A Carthusian, trans. by An Anglican Solitary

No Moment Too Small: Rhythms of Silence, Prayer, and Holy Reading, by Norvene Vest

The Hermitage Within: Spirituality of the Desert, by a Monk, trans. by Alan Neame

Interior Prayer, by A Carthusian, trans. by Maureen Scrine

Prayer and Contemplation, by Robert Llewelyn,

Happiness and Contemplation, by Josef Pieper

Praying the Bible: An Introduction to Lectio Divina by Mariano Magrassi, OSB, trans by Edward Hagman, OFM Cap.

A Theology of Christian Prayer by Wright

The Other Side of Silence by Morton Kelsey

Freedom of Simplicity by Richard Foster

Spiritual Friendship by Aelred and Rievaulx

Prayer and Contemplation by Llewelyn

Fathers Talking by Aelred Squire

Encountering the Depths, Prayers, Solitude and Contemplation by Martha Mary Clare, SLG

Monastic Practices by Charles Cummings, OCSO

Praying the Bible: An Introduction to Lectio Divina, by Mariano Magrassi, OSB, trans by Edward Hagman, OFM Cap.

Earthen Vessels: Personal Prayer According to the Church Fathers, by Gabriel Bunge

The Way of the Fathers Praying With the Early Christians, by Mike Aquilina

Catholicism

What Catholics Really Believe, by Karl Keating

The Book of Catholic Customs and Traditions, by Ronda De Sola Chervin and Carla Conley

The Essential Catholic Catechism, by Alan Schreck

Christ and Scripture

Life of Christ, by Fulton J. Sheen

A Practical Commentary on Holy Scripture, by Bishop Frederick Justus Knecht, DD

Interpreting the New Testament: A Practical Guide, by Daniel Harrington, SJ

Interpreting the Old Testament: A Practical Guide, by Daniel Harrington, SJ